

"A Tradition of Disconnect"

By Kamin Sandford, MOPS Mentor

There is a tradition in my husband's family that has been going since his grandparent's generation that we have been blessed to pass on to our children. It is the tradition of attending a yearly family church camp in the fall called the Feast of Tabernacles. My husband has attended every year of his life, except for one year during college. I started attending with my husband even before we were married, and have now attended almost every year with our children, except for one when we moved the week of camp.

The blessings and benefits of attending this annual week-long camp are numerous, but the reasons that are most

profound for this generation are as such: no phones, no newspapers, no TVs, no computers, no video/computer games, and no radios. Basically, no influences of the world for one whole week; just me, my spouse, my kids, extended



Kamin Sandford

family and friends with no other distractions. In our case, the camp is out in the country far from any other town, fall colors in abundance, family cabins, meals provided, classes during the day for all ages, outdoor games in the afternoon for all ages

(Cont. on pg. 4)

Inside this issue:

Thankful Jar	2
Cinnamon Roll Cake	2
Sudoku	3
Berean Christmas Ministries	3
Nativity Trivia	4
Calendars	5
Crafts & Wrapping Night	5
Basket Raffle	5
Berean info	6
Steering Team	6
Notes	6

Thankful Jar/Chain Craft

This is a great craft to do with your kids!

This is what you need:

- ♥...a large jar
- ♥...pen
- ♥...1 x 6 inch strips of colored paper
- ♥...ribbon

OK, now for the fun stuff! Cut several strips of paper, and place it in the jar. Tie a bow around the lid of the jar. Keep your jar on the kitchen table. Every day in the month of November, during one of your meals, have every family member take a strip of paper and write one thing they are thankful for and place it back in the jar. Read them all on Thanksgiving, then, on December 1, take all the "thankful" strips out of the jar and make them into a chain. Use this thankful chain to decorate your Christmas tree!



Cinnamon Roll Cake

~From the Kitchen of Susan~

Cake:

- | | |
|------------------------|----------------------|
| 3 cups flour | 1/4 tsp. salt |
| 1 cup sugar | 4 tsp. baking powder |
| 1 1/2 cup milk 2 eggs | 2 tsp. vanilla |
| 1/2 cup butter, melted | |

Mix everything together except for the butter. Slowly stir in the melted butter and pour into a greased 9x13 pan.

Topping:

- | | |
|------------------------|-------------------|
| 1 cup butter, softened | 1 cup brown sugar |
| 2 TBSP flour | 1 TBSP cinnamon |

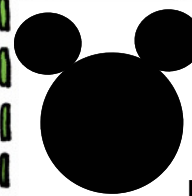
Mix all the ingredients together until well combined. Drop evenly over the batter and swirl with a knife.

Bake @ 350 degrees for 28-32 minutes.

Glaze:

- | | |
|-----------------------|-------------|
| 2 cups powdered sugar | 5 TBSP milk |
| 1 tsp. vanilla | |

Mix, then drizzle glaze over cake while cake is still warm.



Can you find

10

Hidden

Mickeys and 6
mistakes in this

newsletter? Keep your
eyes open! Have fun!



Dear Veteran:

We honor you and
thank you for your
service to our great
nation. Your
sacrifice has given
us our freedom!

~MOPS~

G₂ **A**₁ **M**₃ **E**₁

C₃ **O**₁ **R**₁ **N**₁ **E**₁ **R**₁

Sudoku

How do you play? Every row of 9 numbers must include all digits 1 through 9 in any order. Every column of 9 numbers must include all digits 1 through 9 in any order. Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9 in any order.

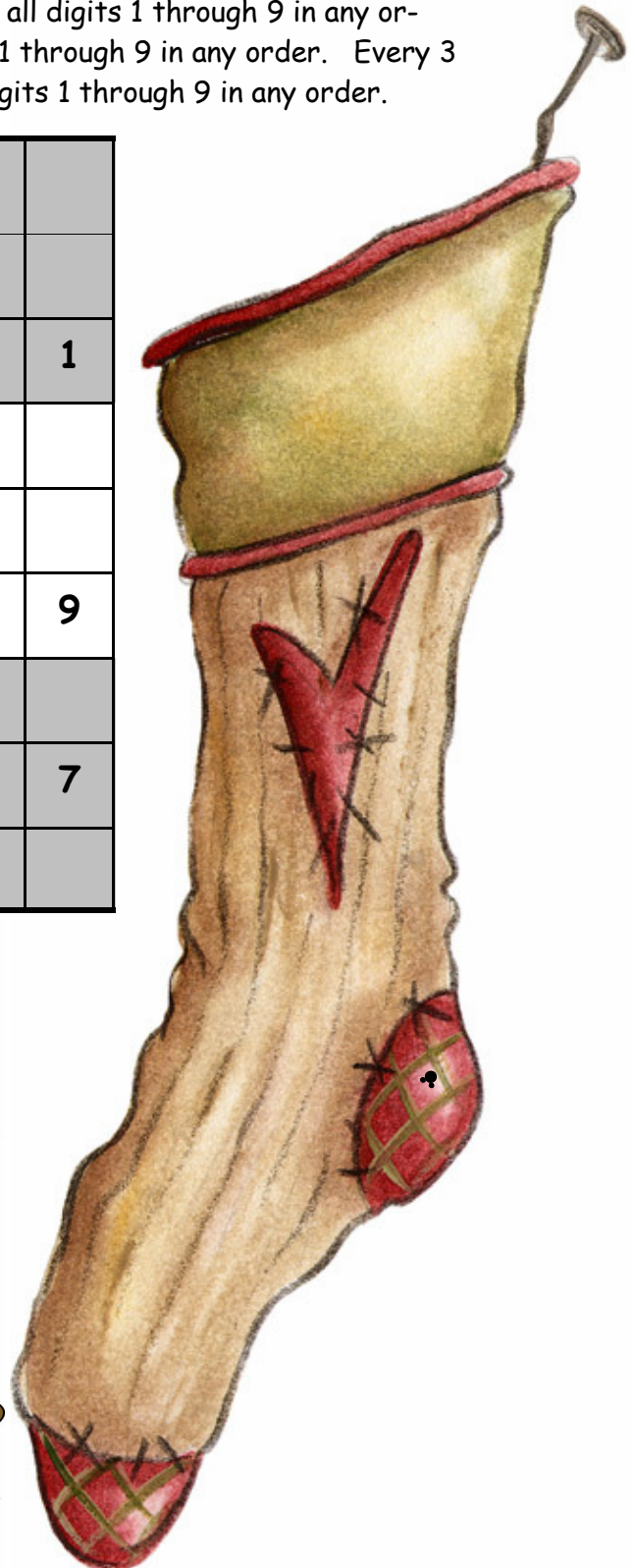
			7	5	9			
9	6	8						
				6		9	2	1
7	4	9	6					
		2	3		4	5		
					7	8	4	9
3	5	1		7				
						6	1	7
			2	4	1			

Berean Ministries ...I

Come join us for an early December Ladies' Christmas Event. Thursday, December 8 at 7 p.m. and enjoy "Christmas at Grandma's".

Christmas Eve service 7 p.m. and Sunday morning service 9 a.m. These are both family and child-friendly services.

For more information, call Berean
at 924-8832



Test your Nativity knowledge...

Do you know the answer?

- ♥ How many miles did Joseph and Mary walk to get to Bethlehem?
- ♥ What was normally put in the manger?
- ♥ How many wise men visited Jesus?
- ♥ How old was Jesus when Mary formally named Him?
- ♥ True or False—Jesus was born on December 25.



“A Tradition of Disconnect” (cont. from page 1)

played together, services in the evening and fun fellowship all day long. It is an oasis for our family every year. A time to get away from the hectic-ness and busy schedules, so we can be together as a family, and in our case, see extended family (grandparents, aunts, uncles, cousins, etc.) once a year.

With the leaves changing colors and the weather getting



cooler, I am reminded we are approaching a time of year in

“We need times of being together as a family to rest, relax, play and have fun.”

which many people get together with friends and family to celebrate those seasonal traditions like, Thanksgiving and Christmas. My prayer for you, as a busy mom, is that your traditions this year, would allow you and your families to experience a break from the busyness of life and those “electronic connections” that consume us and our children today.

We need times of being together as a family to rest, relax, play and have fun. I challenge you to be purposeful in disconnecting from the world, as a family, so you can reconnect with God, nature, relationships, and the vital things of life. Romans 12:2 tells us: “And do not be conformed to this world, but be transformed by the renewing of your mind, in order to prove by you what is that good and pleasing and perfect will of God.” May you discover your own traditions of disconnect and be blessed by them as I have been.

MOPS Mentor Mom,

~Kamin Sandford~

Crafty Wrapping Night

Get a head start on your Christmas wrapping!!!

Join us on December 9 from 6-9 p.m. This is an open time for you to come and go as you want. We are meeting in the Fellowship Hall (Rooms 100 & 101). We will provide Scissors, tape and beverages.

What do I bring??? (...you may ask...) You can bring an appetizer, dessert or snack to share. Sign up today! See Heidi Peck for more info!

Basket Raffle Fund Raiser December 2 during MOPS!

Get a head start on your Christmas shopping!!!

This is our major fund raiser for the year. Come, have fun, buy raffle tickets, and place them in the basket you want to win...it's that easy!

If you have or know someone who has a business and would like to donate a basket...that would be great!

November 2011

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
		1	2	3	4 MOPS	5
6 Day Light Savings	7	8	9	10	11 Antiquities Photo Shoot Veteran's	12 Antiquities Photo Shoot
13	14	15	16	17	18	19
20	21	22	23	24 Thanksgiving	25	26
27	28	29	30			



December 2011

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
				1	2 MOPS Basket Raffle	3
4	5	6	7	8 Ladies' Christmas Event	9 Crafty Wrapping	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24 Christmas Eve Service
25 Merry Christmas!	26	27	28	29	30	31

MOPS



We all are playing the game of LIFE. Sometimes it feels like MONOPOLY and sometimes its more like BATTLESHIP...sometimes it seems like our children are the MASTERMIND of our game of LIFE. In just a moment the game can change to TWISTER, RISK or BOGGLE...just ask...

♥ Blair Blycker, Coordinator
Blyckers@comcast.net

♥ Rella Osborne, Mentor
Rella112233@msn.com

♥ Kamin Sandford, Mentor
DRSandford@q.com

♥ Staci Albertson, Creative Activities
Staci_Albertson@msn.com

♥ Amber Slye, Creative Activities
momofboyz_2@msn.com

♥ Erica Hartley, Registration
Ehartley1@marykay.com

♥ Sonya Hicks, Registration
Sonyahicks76@gmail.com

♥ Stephanie Freeman, Finance
HunyBuny92@comcast.net

♥ Jody Kamp, MOPPETS
BEJAKamp@comcast.net

♥ Elsie Crouse, MOPPETS
AECrouse@comcast.net

♥ Carol Bollman, MOPPETS
clbollman@q.com

♥ Heidi Peck, Special Events
mykidzzmom@comcast.net

♥ Heather Crooks, Discussion
crooksclan@gmail.com

♥ Andee Reighley, Hospitality
andrea@reighley.net

♥ Phoebe Schueller, Hospitality
mpjc4@q.com

♥ Susan Kiesel, Publicity
jskiesel@yahoo.com

...after all, we don't want to go through the game of LIFE like we're playing SOLITARE...or you'll be SORRY. Come play with us!

Host church information:

Berean Bible Church ♥ 509-924-8832

9 a.m. Sunday Services ♥ 10:30 a.m. Sunday School

Women's Ministries ♥ Women's mid-week Bible Studies

www.BereanSpokane.org

Facebook: MOPS Berean Bible Church, Spokane

Email: BereanMOPS@live.com

For contact information, please check out the MOPS page on the Berean Church website.



Notes from today's MOPS: